

YOUR HOSPITAL STAY DURING

labor / delivery

I am birthing with Ivinson Medical Group — Women's Health clinic. I understand the providers and staff at the Women and Children Center will do everything they can to honor my wishes for a low-intervention birth.

NAME	DOB
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PRIMARY SUPPORT PERSON

ADDITIONAL SUPPORT PEOPLE

I AM HAVING A BOY GIRL SURPRISE

PEDIATRIC PROVIDER

ADDITIONAL SPECIAL REQUESTS

routinely available care options

- Vaginal birth after cesarean.
- Intermittent fetal monitoring (if low risk pregnancy).
- Freedom to move.
- Low lighting.
- Water labor.
- Warm / cold compresses.
- Aromatherapy.
- Music.
- Birthing ball or peanut ball.
- Birthing stool.
- Squat Bar.
- Rocking chair.
- Nitrous oxide.
- Position of my choice for delivery (if un-medicated)
- IV pain medication.
- Epidural.
- Donor milk and formula available, if needed.
- Lactation consultants available.
- 24-hour on-call pediatrician and neonatal nurse practioners.

our providers



Dr. Derek Ewell
Physician



Dr. Samantha Herriott
Physician



Dr. JayCee Kline
Physician



Elizabeth Rowe
Certified Nurse Midwife



Dr. Kim Westbrook
Physician

our standard of care

- Immediate skin to skin.
- Delayed cord clamping.
- Support person to cut the cord.
- Delayed exams for bonding (unless medically necessary).
- Breastfeeding within the first hour.
- Delayed first bath for newborn.
- Minimal interventions unless medically necessary.

health elevated.

