

Name: _____ Date of Birth: _____

Preferred Name: _____ Pronouns: _____

Reason for today's visit: _____

Health Update List any changes since your last visit to the following:

Medications: _____

Medical History: _____

Surgical History: _____

Family History: _____

Allergies: _____

Social History:

Do you smoke cigarettes or e-cigarettes? Yes No How much? _____

Do you use chewing tobacco, snuff, or other forms of tobacco? Yes No

Do you use recreational drugs (marijuana, etc.)? Yes No

Please list what type: _____

Do you drink alcohol? Yes No

How many glasses of wine/liquor, mixed drinks, beer per week? _____

What is your occupation? _____

Gynecologic History:

When was the first day of your last menstrual period? _____ / _____ / _____

How many days from the start of the period to the start of the next period? _____

How many days do they typically last? _____

Is your flow Light Moderate Heavy Do you have painful periods? Yes No

Do you bleed/spot between periods? Yes No

What is your sexual orientation? _____

Are you sexually active? Yes No

Are you taking hormones or using birth control? _____

Have you ever had a sexually transmitted infection? Yes No

If so, which? _____ When? _____ / _____ / _____

Have you ever been a victim of abuse? Yes No

Check all that apply: Physical Sexual Verbal



Please mark yes for any **current symptoms** you have.

Constitutional

- Weight Gain Yes No
- Weight Loss Yes No
- Fatigue..... Yes No
- Hot Flashes..... Yes No
- Night Sweats Yes No

Eyes

- Double Vision Yes No
- Blurred Vision..... Yes No

HENT

- Sore Throat Yes No
- Headaches..... Yes No
- Nasal Congestion..... Yes No
- Ringing in Ears..... Yes No
- Sinus Problems..... Yes No
- Dental Problems..... Yes No

Breast

- Lumps..... Yes No
- Tenderness..... Yes No
- Swelling Yes No
- Redness Yes No
- Nipple Discharge Yes No

Cardiovascular

- Chest Pain..... Yes No
- Irregular Heartbeat Yes No
- Leg Swelling..... Yes No
- Rapid Heartrate..... Yes No
- Blood Clot..... Yes No
- Shortness of Breath
on Exertion..... Yes No

Respiratory

- Shortness of Breath..... Yes No
- Chronic Cough..... Yes No
- Wheezing Yes No
- Pain with Deep
Breathing..... Yes No

Neurologic

- Dizziness Yes No
- Seizures..... Yes No
- Memory Loss Yes No
- Numbness..... Yes No

Gastrointestinal

- Nausea Yes No
- Vomiting Yes No
- Constipation..... Yes No
- Diarrhea Yes No
- Blood in Stool..... Yes No
- Heartburn Yes No

Genitourinary

- Urgency..... Yes No
- Frequency Yes No
- Painful Urination..... Yes No
- Blood in Urine..... Yes No
- Nighttime Urination..... Yes No
- Incontinence Yes No
- Heavy Periods Yes No
- Irregular Periods Yes No
- Painful Periods..... Yes No
- Bleeding with
Intercourse Yes No
- Significant PMS Yes No
- Decreased Sex Drive Yes No

Integument

- Rash Yes No
- Itching Yes No
- Abnormal Hair Growth . Yes No

Musculoskeletal

- Muscle Pain..... Yes No
- Joint Pain Yes No
- Muscular Weakness..... Yes No

Endocrine

- Abnormal Thirst..... Yes No
- Loss of Hair Yes No
- Cold Intolerance Yes No
- Heat Intolerance..... Yes No

Psychiatric

- Anxiety..... Yes No
- Stress..... Yes No
- Depression..... Yes No
- Suicidal Ideation Yes No

Heme-Lymph

- Easy Bruising..... Yes No
- Easy Bleeding..... Yes No
- Enlarged Lymph Node .. Yes No
- Lightheadedness Yes No
- Blood Clotting
Abnormality..... Yes No

Allergic/Immunologic

- Seasonal Allergies..... Yes No
- Allergic Dermatitis..... Yes No

