

Patient Information

Name (Last, First, Middle): _____

Preferred Name: _____ Pronouns: _____ Date of Birth: _____ Age: _____

Address: _____ City, State: _____

Phone: _____ Email: _____

Preferred Contact Method: Phone Text Email Mail

Employer: _____ Occupation: _____

Current Medications / Supplements		<input type="checkbox"/> See attached medication list.
Medication / Supplement	Dose	Frequency

Allergies		<input type="checkbox"/> See attached allergy list.
Medication or Substance	Reaction	

Do you have any other allergies (latex, iodine, food, or environment)? _____

Surgical History	
Surgical Area or Procedure	Year completed, complications.



Medical History: Do you have any health problems? (check all that apply)

- | | | |
|---|--|--|
| <input type="checkbox"/> Anxiety | <input type="checkbox"/> Stomach or Bowel Problems | <input type="checkbox"/> Polycystic Ovarian Syndrome |
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Heart Problems | <input type="checkbox"/> Seasonal Allergies |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Serious Injuries or Accidents |
| <input type="checkbox"/> Bladder or Kidney Problems | <input type="checkbox"/> High Cholesterol | <input type="checkbox"/> Thyroid Problems |
| <input type="checkbox"/> History of Blood Transfusion | <input type="checkbox"/> Lung Problems | <input type="checkbox"/> Stomach Ulcers |
| <input type="checkbox"/> Breast Problems | <input type="checkbox"/> Migraine Headaches | |
| <input type="checkbox"/> Depression | <input type="checkbox"/> Neurologic Problems | |

Explain checked items and any other health problems: _____

Family History Adopted Family History Unknown

Is your mother alive? Yes No Age: _____

If deceased, at what age and cause of death? _____

Mother's medical problems? _____

Is your father alive? Yes No Age: _____

If deceased, at what age and cause of death? _____

Father's medical problems? _____

Family Medical Problems: Do any of your immediate family members have any of the following medical problems?

Medical Problem	Family Member(s) (brother, sister, mother, father, paternal/maternal grandparents)
Cancer (specify type)	
Blood Clot or Stroke	
Diabetes	
Heart Disease	
High Blood Pressure	
Thyroid Problems	
Other	

Are there any genetic or inherited health problems in your family? List problems and relationship: _____



Social History

Marital Status: Single Married Divorced Separated Widowed

Do you smoke cigarettes or e-cigarettes?Current Past Never
 How much? _____ How many years? _____ When did you quit? _____

Do you use chewing tobacco, snuff, or other forms of tobacco?Current Past Never
 List what type: _____

Do you use recreational drugs (marijuana, etc.)?Current Past Never
 List what type: _____

Do you drink alcohol?Current Past Never
 How many glasses of wine, liquor, mixed drinks, or beer per week? _____

What is your highest level of education? Grade School High School College Other

Immunization History	
Immunization	Date
Tdap (tetanus, diphtheria and pertussis)	
Tetanus	
Pneumonia Vaccine (PCV 23)	
Prevnar (PVC 13)	
Zostavax (shingles)	
Influenza (flu)	
Gardasil (HPV)	

Health Maintenance	
Test / Procedure	Date
Bone Density (DEXA)	
Mammogram	
Pap Smear	
Wellness Labs	
Colonoscopy	

Pregnancy History

Total number of pregnancies (including miscarriages and terminations): _____

Miscarriage (loss before 20 weeks): _____ Pregnancy Terminations: _____

Live Births: _____
 Full Term (37 weeks or more): _____ Preterm (20-37 weeks): _____
 Vaginal Deliveries: _____ Cesarean Deliveries: _____

Living Children: _____ Adopted Children: _____ Deceased Children: _____ Stillborn: _____

Do you have any complications with your pregnancies? _____



Gynecologic History

When was the first day of your last menstrual period? ____ / ____ / ____

If postmenopausal, at what age did your periods stop? _____

Skip the following questions if you are postmenopausal.

At what age was your first menstrual period? _____

How many days from the start of the period to the start of the next period? _____

How many days do they typically last? _____ Is your flow Light Moderate Heavy

Do you bleed/spot between periods? Yes No Do you have painful periods? Yes No

When was your **last pap smear**? ____ / ____ / ____ Was it normal? Yes No

Have you ever had an **abnormal pap smear**? Yes No When? ____ / ____ / ____

Have you ever had a **procedure** for an **abnormal pap smear**? Yes No When? ____ / ____ / ____

What procedure? _____

Do you have **breast implants**? Yes No

When was your **last mammogram**? ____ / ____ / ____ Was it normal? Yes No

Have you ever had an **abnormal mammogram**? Yes No When? ____ / ____ / ____

Have you ever had a **breast biopsy**? Yes No When? ____ / ____ / ____

Are you sexually active? Yes No

What is your sexual orientation? _____

How many sexual partners have you had in your lifetime? _____

Have your sexual partners been Male Female Both

Your current sexual partner(s) are Male Female Both

Are you taking any hormones or using birth control? _____

Have you ever had a sexually transmitted infection? Yes No

If so, which? _____ When? ____ / ____ / ____

Have you ever been a victim of abuse? Yes No

Check all that apply: Physical Sexual Verbal



Please mark yes for any **current symptoms** you have.

Constitutional

- Weight Gain Yes No
- Weight Loss Yes No
- Fatigue..... Yes No
- Hot Flashes..... Yes No
- Night Sweats Yes No

Eyes

- Double Vision Yes No
- Blurred Vision..... Yes No

HENT

- Sore Throat Yes No
- Headaches..... Yes No
- Nasal Congestion..... Yes No
- Ringing in Ears..... Yes No
- Sinus Problems..... Yes No
- Dental Problems..... Yes No

Breast

- Lumps..... Yes No
- Tenderness..... Yes No
- Swelling Yes No
- Redness Yes No
- Nipple Discharge Yes No

Cardiovascular

- Chest Pain..... Yes No
- Irregular Heartbeat Yes No
- Leg Swelling..... Yes No
- Rapid Heartrate..... Yes No
- Blood Clot..... Yes No
- Shortness of Breath
on Exertion..... Yes No

Respiratory

- Shortness of Breath..... Yes No
- Chronic Cough..... Yes No
- Wheezing Yes No
- Pain with Deep
Breathing..... Yes No

Neurologic

- Dizziness Yes No
- Seizures..... Yes No
- Memory Loss Yes No
- Numbness..... Yes No

Gastrointestinal

- Nausea Yes No
- Vomiting Yes No
- Constipation..... Yes No
- Diarrhea Yes No
- Blood in Stool..... Yes No
- Heartburn Yes No

Genitourinary

- Urgency..... Yes No
- Frequency Yes No
- Painful Urination..... Yes No
- Blood in Urine..... Yes No
- Nighttime Urination..... Yes No
- Incontinence Yes No
- Heavy Periods Yes No
- Irregular Periods Yes No
- Painful Periods..... Yes No
- Bleeding with
Intercourse Yes No
- Significant PMS Yes No
- Decreased Sex Drive Yes No

Integument

- Rash Yes No
- Itching Yes No
- Abnormal Hair Growth . Yes No

Musculoskeletal

- Muscle Pain..... Yes No
- Joint Pain Yes No
- Muscular Weakness..... Yes No

Endocrine

- Abnormal Thirst..... Yes No
- Loss of Hair Yes No
- Cold Intolerance Yes No
- Heat Intolerance..... Yes No

Psychiatric

- Anxiety..... Yes No
- Stress..... Yes No
- Depression..... Yes No
- Suicidal Ideation Yes No

Heme-Lymph

- Easy Bruising..... Yes No
- Easy Bleeding..... Yes No
- Enlarged Lymph Node .. Yes No
- Lightheadedness Yes No
- Blood Clotting
Abnormality..... Yes No

Allergic/Immunologic

- Seasonal Allergies..... Yes No
- Allergic Dermatitis..... Yes No



Risk Assessment for Hereditary Cancer Syndromes

Please mark all that apply to **you** and/or **your family**, describe their relationship to you, and age of diagnosis. Consider the following family members for these questions: Mother, Father, Brother, Sister, Father's Aunt/Uncle, Mother's Aunt/Uncle, First Cousins, Niece/Nephew, Mother's Grandmother/Grandfather, Father's Grandmother/Grandfather.

Consider each question by itself, the same cancer diagnosis may apply to more than one question.

Breast and Ovarian Cancer		Self	Family Member	Age at Diagnosis
<input type="checkbox"/> Yes <input type="checkbox"/> No	Breast Cancer before age 50			
<input type="checkbox"/> Yes <input type="checkbox"/> No	Ovarian Cancer			
<input type="checkbox"/> Yes <input type="checkbox"/> No	Two primary (unrelated) breast cancers in the same person or on the same side of the family.			
<input type="checkbox"/> Yes <input type="checkbox"/> No	Male breast cancer			
<input type="checkbox"/> Yes <input type="checkbox"/> No	Triple negative breast cancer (ER-, PR-, HER2- pathology)			
<input type="checkbox"/> Yes <input type="checkbox"/> No	Pancreatic cancer with breast or ovarian cancer in the same person or on the same side of the family.			
<input type="checkbox"/> Yes <input type="checkbox"/> No	Ashkenazi Jewish ancestry with breast, ovarian, or pancreatic cancer in the same person or on the same side of the family.			
Colon and Uterine Cancer				
<input type="checkbox"/> Yes <input type="checkbox"/> No	Uterine (endometrial) cancer before age 50			
<input type="checkbox"/> Yes <input type="checkbox"/> No	Colorectal cancer before age 50			
<input type="checkbox"/> Yes <input type="checkbox"/> No	Two or more Lynch syndrome cancers* in the same person or on the same side of the family.			
*Lynch syndrome cancers include: colorectal, uterine/endometrial, ovarian, stomach, ureter/renal pelvis, biliary tract, small bowel, pancreas, brain, or sebaceous adenomas.				
Polyposis Syndromes				
<input type="checkbox"/> Yes <input type="checkbox"/> No	10 or more cumulative (lifetime) colorectal adenomas (colon polyps)			
Melanoma				
<input type="checkbox"/> Yes <input type="checkbox"/> No	Two or more melanomas in an individual or family.			
<input type="checkbox"/> Yes <input type="checkbox"/> No	Melanoma and pancreatic cancer in an individual or family.			

Have you or any family member ever been tested for hereditary risk of cancer? If yes, please explain: _____

